

Bringing Your Rescue Dog Home Checklist:

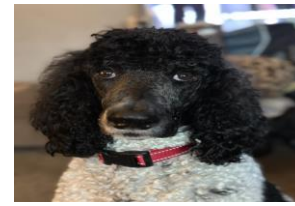
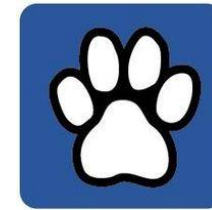
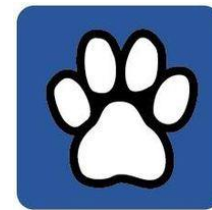
- ✓ Keep your dog on a leash or in a crate for the ride home
- ✓ Before entering your home consider taking a nice long walk outside with your new dog
- ✓ For the first 24 Hours consider keeping existing pets separate from new dog
- ✓ To not overwhelm your new dog slowly introduce them to the inside of your home
- ✓ Keep the first few days quiet with minimal outings and visitors
- ✓ Create a daily routine from day one
- ✓ Stay calm, be patient and read 3-3-3 rule

New Dog Shopping Checklist:

- ✓ Food and Treats (make sure to purchase similar high quality pet food. If you change the type of food slowly introduce any new food to dog.)
- ✓ Food and Water Bowls
- ✓ Crate and or puppy pin
- ✓ Baby gates (if needed with puppy)
- ✓ Toys and Chew Toys
- ✓ Dog Bed
- ✓ Grooming supplies: brush, shampoo, nail clippers, tooth brush and tooth paste
- ✓ Id Tag
- ✓ Poop bags, for potty training puppies consider carpet cleaner and puppy pads

Things to Follow up on After Bringing Your Rescue Dog Home:

- Find a vet and schedule a well checkup
- Keep up to date on vaccines including: Rabies, Distemper/Parvo and Bordetella
- Talk to vet about Heartworm and Flea and Tick Preventative
- Finish Microchip registration
- Research training classes and consider signing up for one right away
- Potty Training: Although Adult dog may be potty trained you will need to work with him/her to learn routine and signals for when they need to go to the bathroom. Take puppies to bathroom right after sleeping or eating for best results.
- Pay attention to dogs energy level: all dogs need some form of exercise some breeds more than others. If you dog is being destructive it can be a sign he/she needs more exercise or playtime.



GUIDE TO RESCUE DOGS

*NorCal Freedom for Paws
Creating Fur-Ever Homes*



The 3-3-3 Rule of Adopting A Rescue Dog

Every Dog is unique and will adjust to their new home differently, this is a general guide to adjustment period of a dog after adoption. Remember to give your dog space and allow him to adjust at own rate.

THREE DAYS

DECOMPRESSING

- Dog may feel overwhelmed or timid
- Scared or unsure of what is going on
- Not comfortable enough to be “himself” or “herself”
- May not want to eat or drink
- May shut down or hide in crate or hide under furniture
- Testing boundaries

You should:

- Give dog space
- Stay calm and give clear directions
- Start a daily routine
- Do not force interaction
- Never leave new dog alone with children

THREE WEEKS

LEARNING ROUTINE

- Dog will start to settle in and feel more comfortable
- Develop love and respect toward owner
- Learn boundaries
- Gets into a routine
- Let guard down and show true personality
- Any type of behavioral quirks might start to appear
- Realize this might be their fur-ever home

You should:

- Work basic commands
- Give calm clear feedback when misbehaving
- Praise and reward every success

THREE MONTHS

FEELING AT HOME

- Finally feels completely comfortable in fur-ever home
- Will begin to build trust and true bond to new fur-ever home
- Build a complete sense of security with new family
- Be set in a routine unique to your family

You should:

- Do not ease off of training
- Use affection as a resource
- Continue to build great habits
- Continue to set a routine



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